FSAGUIDE





FLEXIBLE SPENDING



Flexible Spending Accounts (FSA) are part of Section 125, established by the IRS. Section 125 allows employees to set aside money for future medical and child care costs on a pre-tax basis.

A Medical FSA can be used to cover:

- Insurance deductibles
- Co-payments and coinsurance
- Prescriptions
- Dental or vision expenses
- Over-the-counter medicine
- Menstrual products
- PPE (e.g., masks, hand sanitizer)

SAVINGS

You save between 15%-40% by not having to pay federal, most state and local taxes, as well as Social Security and Medicare taxes for every dollar elected for an FSA.

The savings really add up.



Without an FSA		With an FSA		
Gross taxable wage	\$500.00	Gross taxable wage	\$500.00	
Followel FICA & Chata Tax	-113.25	Group Insurance premium	-40.00	
Federal, FICA & State Tax		contribution	-40.00	
Group Insurance premium	-40.00	Average weekly out-of-pocket	-50.00	
contribution	-40.00	medical expenses	30.00	
Take home pay	\$346.75	Taxable wage	\$410.00	
Average weekly out-of-pocket	-50.00	Federal, FICA & State Tax	-92.86	
medical expenses	-50.00	rederal, FIOA d Otate Tax		
Amount left to spend	\$296.75	Amount left to spend	\$317.14	
FSA Tax Savings per week				

Assuming 15% Federal tax, 7.65% FICA Tax (Social Security and Medicare)

ACCOUNT?











MEDICAL FSA



Below is an example of a how a current participant calculated the amount they elected for medical FSA. Be sure to base YOUR estimate on known expenses.

The full amount of your medical election is available for reimbursement upon the first day of your plan year.

When you incur an eligible out-of-pocket expense, submit your itemized documentation to BASIC and receive a tax free reimbursement.

	Charges	Savings	
Deductible	\$500	\$113	
Co-pays	\$450	\$101	
Prescriptions	\$480	\$108	
Contacts/Vision services	\$220	\$49	
Dental	\$100	\$22	
Over-the-counter items	\$75	\$16	
Total	\$1825	\$409	

Assuming 15% Federal tax, 7.65% FICA Tax (Social Security and Medicare)

IRS regulations govern the eligibility of claims which include those that are not fully covered by a health care plan and are prescribed by a physician or other licensed professional, primarily for preventing, treating or mitigating a physical defect or illness. The IRS does not allow reimbursement for the following: cosmetic surgery, insurance premiums, teeth bleaching / whitening, nutritional supplements/vitamins, marriage counseling, debt counseling, eyeglass sun clips and prepayment of services. For more details, refer to IRS Publication No. 502.

CAN YOU HAVE AN FSA AND HSA AT THE SAME TIME?

If you participate in a standard Medical FSA, neither you nor your spouse (if applicable) are permitted to make or receive contributions to an HSA.

LIMITED PURPOSE FSA

IRS regulations do, however, allow a Limited Purpose FSA to be utilized in conjunction with an HSA.* The difference between Medical FSAs and Limited Purpose FSAs are the eligible expenses. A Limited Purpose FSA can only be used for dental and/or vision expenses.

During the FSA plan year, if you or your spouse enroll in a HDHP with an HSA option, you are not permitted to change your FSA plan type or make HSA contributions.

You cannot 'double-dip' and use funds from your Limited Purpose FSA and your HSA to cover the same expense(s).

An HSA does not impact your eligibility for a Dependent Care FSA.

* Not all employers choose to participate in a Limited Purpose FSA. Please refer to your enrollment materials or talk to your HR department.

QUALIFIED EXPENSES

IRS regulations govern the eligibility of items and claims. As a FSA Administrator, BASIC helps ensure that you and your employer stay within these regulations.

MEDICAL, DENTAL & VISION

Co-pays Co-insurance Deductibles

MEDICAL*

Acupuncture Chiropractor **Podiatrist** Doctor fees Office visit **Prescriptions** Hospital bills Laboratory fees Medic alert bracelet Dermatologist **Immunizations** Obstetrical expenses Routine physicals X-rays Well baby checkups

DIABETIC SUPPLIES*

Insulin Glucometer Syringes/Needles Test Strips

HEARING*

Hearing exam Hearing aids Special batteries

THERAPY*

Physical therapy Learning disability Psychologist fees for medical care Psychiatric care

VISION*

Glasses
Eye exam
Contact lenses
Contact solution
Prescription
sunglasses
LASIK surgery
Visine and eye drops
Reading glasses
Eyeglass repair kits
Orthokeratology
Seeing eye dog (buying, training, and maintaining)

DENTAL*

Orthodontic
Dentures/bridge/crowns
Fluoride treatments & seals
Cleanings and fillings
Root canals
Extractions
Dental x-rays
Occlusal guards
Reconstruction/implants

BIRTH CONTROL DEVICES*

Condoms Prescriptions Sterilization

PHYSICAL IMPAIRMENTS*

Wheelchair Crutches Walker Custom made orthopedic shoes and inserts

SPECIAL NEEDS*

Transportation to and from doctor/hospital (call for current mileage rates and quidelines)

OVER-THE-COUNTER ITEMS*

Acid controllers
Acne medication
Antibiotic products
Anti-diarrheas/gas
Anti-itch/insect bite
Antiparasitic treatments
Baby rash creams
Band-aids

Carpal tunnel wrist supports
Cold sore remedies
Cold/hot packs for injuries
Cough, cold & flu

Cough, cold & flu Digestive aids

Feminine anti-fungal/anti-itch

Hemorrhoidal preps Home pregnancy tests Incontinence supplies

Laxatives

Liquid adhesive for small cuts

Nasal strips Pain relief

Sleep aids & sedatives Stomach remedies Stop smoking programs/

items Sunscreen

MENSTRUAL PRODUCTS*

Tampons
Pads and liners
Menstrual cups

Visit https://www.basiconline.com/wp-content/uploads/2011/08/CDA-Ops-13-Medical-FSA-Election-Worksheet.pdf for a qualified expense worksheet to help you estimate your out of pocket costs.



PERSONAL PROTECTIVE EQUIPMENT (PPE)*

Personal protective equipment (PPE) for the primary purpose of preventing the spread of the Coronavirus Disease 2019 is now an eligible expense.

Masks Hand sanitizer Sanitizing wipes

* PLEASE NOTE:

This list is a broad overview of eligible expenses; not all services provided by a provider or practitioner are eligible under the IRS regulations.

Please call BASIC regarding your specific item or treatment, prior to election, to confirm eligibility.



EXPENSES THAT REQUIRE A LETTER OF MEDICAL NECESSITY

The IRS allows reimbursement of the following, with a copy of the physician's statement of medical necessity, that includes the specific product/service and a diagnosis. Treatment cannot be for general health or well being. A copy needs to be submitted with every reimbursement request and a new letter needs to be reinstated every 12 months.

Health club fees/gym memberships

Nutritional supplements/vitamins

Massage therapy

Weight loss programs (i.e. Weight Watchers and Jenny Craig) - Program fees are eligible but food portions are not.



EXAMPLES OF INELIGIBLE EXPENSES

The IRS does not allow reimbursement for the following:

Cosmetic surgery

Insurance premiums

Marriage/debt counseling

Eyeglass sun clips

Eyeglass or contact warranty

Prepayment of services

Special (dietary) foods

Personal care items

Diapers

Deodorant

Chapstick

Face cream or moisturizers

Eye serums or wrinkle creams

Teeth bleaching/whitening

Toothbrushes/toothpaste

Floss/flossing devices

Mouthwash

Protein shakes/meal replacement



CALCULATE SAVINGS

Use our calculator to estimate the size of your tax saving, annually or per pay check, when you choose to participate in BASIC FSA!

https://www.basiconline.com/fsasavingscalculator



DEPENDENT CARE FSA

Plan contribution maximums vary between employers and range from \$5,000 to \$10,500. Check with your employer for your specific plan's specific contribution limit. Just as with Medical FSA, you save between 15%-40% by not having to pay federal, most state and local taxes, as well as Social Security and Medicare taxes for every dollar elected for Dependent Care FSA.

Unlike a Medical FSA, Dependent Care FSA is a pay-as-you-go account. Funds are not advanced by your employer.

Without an FSA		With an FSA	
Gross taxable wage	\$500.00	Gross taxable wage	\$500.00
Federal, FICA & State Tax	-113.25	Dependent care election (\$5,000 divided by 52 weeks)	-96.15
Take home pay	\$386.75	Taxable wage	\$403.85
Average weekly out-of-pocket medical expenses	-96.15	Federal, FICA & State Tax	-91.47
Amount left to spend	\$290.60	Amount left to spend	\$312.36
FSA Tax	\$21.78		
An	\$1,132.56		

[•] Assuming 15% Federal tax, 7.65% FICA Tax (Social Security and Medicare)

DEPENDENT ELIGIBILITY

- You and your spouse must be employed or actively seeking employment or attending school full time.
- Child must be a dependent under 13 years of age* and be in your custodial care more than 50% of the calendar year. Once your child turns 14 during the plan year, expenses are no longer eligible for reimbursement.
- A spouse or dependent who is incapable of self-care and regularly spends at least eight hours per day in your home (i.e. an invalid parent).

SERVICE REQUIREMENTS

- Provider may not be a minor child or dependent for income tax purposes (i.e. an older child).
- Service provider must claim payments as income and comply with state regulations.
- Services must be for the physical care of the child, not for education, meals, etc.
- Overnight camps are not eligible for reimbursement.
- Expenses paid for Pre-K are eligible but kindergarten and higher is not.

^{*} Consolidated Appropriations Act, 2021: Employers can allow unused dependent care FSA amounts for children until they turn age 14, at least through the end of the 2021 plan year. Please check with your HR Department for confirmation that your plan allows adopted that provision.

ADDITIONAL DETAILS

PLAN RULES ARE COMPANY SPECIFIC

While this booklet provides general information about Medical and Dependent Care FSA plans, recent legislation aimed at providing relief for plan participants means plan rules will vary significantly between employers. The Consolidated Appropriations Act (CAA), 2021 and the American Rescue Plan Act (ARPA) give employers significant flexibility in plan design for plans years ending in 2020/2021.

Optional relief provisions include increased DCFSA plan limits, unlimited carryover, extended grace period, unrestricted midyear election changes and new enrollment, and increased dependent age limit from 13 to 14 for a child that turned 14 in 2020 or 2021.

For information regarding your plan specifics, contact your company's Benefits Coordinator.





A New Way to Manage Benefits

Employee benefits are now easier to manage than ever before with BASIC's state-of-the-art Consumer Driven Accounts (CDA) system.

BASIC's one-stop solution allows you to manage all your benefit plans on one card, one website, and one mobile app for the utmost convenience.

The BASIC Card & MyCash

When participants request a reimbursement, funds are immediately processed and placed in an unrestricted account called MyCash. Those funds are available on the BASIC card to use anywhere MasterCard is accepted. **No more delays!**

The BASIC Card is smart enough to pay for eligible items from benefit accounts and ineligible expenses (e.g., milk, gum, or other ancillary expenses) from a participant's MyCash account.

The BASIC benefits Mobile App With Picture to Pay the Provider

In three quick steps, participants can pay their medical bills directly to healthcare providers with our "Picture to Pay" feature. Not to be confused with requesting a reimbursement, which is also a feature in the BASIC benefits app. **No paper, no postage, no hassle.**

- 1. Snap a picture of the bill (only if you have not paid the bill yet)
- 2. Submit via the BASIC benefits app
- 3. BASIC pays the bill from the appropriate benefit account

You can learn more about BASIC CDA at www.basiconline.com/cda.

If you have questions at any time, call 800-372-3539 and speak to a BASIC FSA Customer Service Rep.



Reimbursement Request

BASIC Card

The BASIC Card is the preferred and most convenient method to access available account funds for all eligible expenses. It automatically pays for and substantiates most eligible expenses at the point of purchase, eliminating the need to submit Requests for Reimbursement and wait for payment.



Online

If you pay for an eligible expense out-of-pocket without the BASIC Card, you can submit a Request for Reimbursement online.

- Sign into your account at https://cda.basiconline.com
- 2. From the Overview page select the green box *Request* a *Reimbursement*.
- 3. Select who the expense was incurred by, the date of the expense, and the expense date.
- 4. Enter the expense amount, the merchant, attach the receipt(s), or Explanation of Benefits (EOB) in the case of HRAs, and a description of the expense (optional).



- 5. Click Next to review your request, and then Submit reimbursement request.
- 6. Reimbursement is deposited into your MyCash account on your BASIC Card.
- 7. Spend your MyCash balance using your BASIC Card to buy anything!

Picture to Pay (Mobile App) & Pay the Provider (Web Portal)

Both features offer simple options to pay your provider directly from your benefit account. Do not use this option if you have already paid the bill or your provider. Instead, request a reimbursement as directed above.

- For Picture to Pay, open the BASIC benefits app, click the menu option called Picture to Pay, and a camera will pop up. Take a picture of the invoice, enter the amount you would like to pay the provider, review it, and then submit.
- For Pay the Provider on your web portal, access from the Overview page and the Benefit Accounts page. Click on Pay the Provider, select who incurred the expense, select the date the expense was incurred, and the expense type. Enter the
- AMOUNT STREAM
- amount, provider or merchant, address including unit or suite, city, state, and zip code. Attach the bill by clicking on the appropriate box. This will allow you to attach a bill from the bill depository or to browse your computer to locate the appropriate bill. Review and click submit.
- For both features above, <u>BASIC will then mail a check directly to your provider. Please allow for mail and processing time.</u>

Review the <u>Participant Reference Guide</u> to learn more about the features and functions of the BASIC CDA system, BASIC Card, MyCash, and BASIC benefits app. Additional information can also be located at https://www.basiconline.com/hg/employee/basic cda/

